Damage, Accident or Injury		How to prevent this from happening	Control Method	Mitigation Plan and Emergency Response
Facility	Mato	<ul> <li>Set up the arrow net above the azuchi</li> <li>Use boxes to protect any space around the azuchi to avoid people or basketballs rolling in</li> <li>Keep some space between Azuchi and back wall - 50cm</li> <li>Do not use over damaged Azuchi in case the arrow flies through it and into the wall</li> <li>Set up the Makiwara at a suitable height for the shooter</li> <li>Regular monitoring of enclosure condition</li> <li>No spectator are allowed without notice</li> <li>Make sure space screen are down to stop other facility users from walking into the shajo</li> <li>Stop shooting immediately when basketballs roll in</li> </ul>	Minimise	<ul> <li>Supervisor notifies YMCA staff of accident or injury</li> <li>First aid administered by supervisor</li> </ul>
	Neights         Arrow Length         Recomtionegited Bow           L4560ben         Less than 90cm         Sansun-Tsumari (212cm)           150 - 165cm         90 - 95cm         Nami sun         (221cm)           165 - 175cm         95 - 100cm         Nisun-nobi         (221cm)           175 - 185cm         100 - 105cm         Yonsun-nobi         (230cm)           185 - 195cm         105 - 110cm         Rokusun-nobi         (230cm)           185 - 195cm         105 - 110cm         Rokusun-nobi         (245cm)           Meetschan         More than 110cm         Hassun-nobi         (245cm)	<ul> <li>Completely wrapped Tou around the yumi</li> <li>Height of Kyuha - 15cm gap and 2-3mm apart from Sekiita</li> <li>Nakajikake - About 10cm long and fitting size are correct with Ya</li> <li>Avoid using overly Iriki or Deki - Tsuru to far to left or right of the side of Yumi</li> <li>Check any crack or irregular twist on Yumi before setting up</li> <li>Tsurumichi should be centre of Nigiri and Nigirikawa is not ripped</li> <li>Do not draw the Yumi over halfway without Ya attached</li> <li>Club equipment must be returned properly to the appropriate bag</li> <li>Do not leave Yumi on the floor</li> </ul>	Minimise	<ul> <li>Notify any incidents to to club committee members</li> <li>Place a warning sign on the broken equipment and do not use until repaired by a senior club member and repair approved by either Chris Coleman or Kumiko Yasuda</li> </ul>

## **Risk Analysis Management**

Ya Ity (rond) Ity (shaft) Iter (fielding) Iteration (social series) Iter (social series) Iteration (social series) Iteration (social series) Iteration (social series)	Drawing Weight (in kg) + 12g is the recommended arrow weight	<ul> <li>Spare length of 10cm or more for your Yazuka</li> <li>Itatsuki and Hazu are placed</li> <li>Check for any bends or cracks on the shaft</li> <li>Check that there are three feathers attached and are the correct weight and dimension for the Yumi being used</li> <li>Ensure to keep arrows in the Yatate/ Yazutsu</li> <li>Kinteki arrow only</li> </ul>	Minimise	<ul> <li>Notify any incidents to club committee members</li> <li>Place a warning sign on the broken equipment and do not use until repaired by a senior club member and repair approved by either Chris Coleman or Kumiko Yasuda</li> </ul>
Tsuru Tying the Tsuruwa: T 2 3 4 5	traker traker traker traker traker traker traker traker traker traker traker traker traker	<ul> <li>Make a new string every 300-500 shots</li> <li>Ensure the Tsuruwa is hooked on to the Yumi correctly</li> <li>Use Tsurumaki to store extras and when not using</li> <li>Height of Kyuha - 15cm gap and 2-3mm apart from Sekiita</li> <li>Nakajikake - About 10cm long, fitted to the Ya you are using and at the correct location</li> </ul>	Minimise	Replace it with a new Tsuru

Kake	How to use Kake	<ul> <li>Protect Kake from moisture at all times and store such that it is keeping the shape</li> <li>Do not pull on the Kakehimo</li> <li>Excessive giriko needs to be cleaned from Kake before and after practice</li> <li>Club equipment must be returned properly to the appropriate bag</li> <li>Do not leave Kake on the floor</li> </ul>	Minimise	Notify the club committee members the moment wear and tear are seen on the Kake
Dougi		<ul> <li>Members to wear appropriate outfit if not Dougi - wear socks in the Dojo at all times</li> <li>No jewellery or watches</li> <li>No loose clothing</li> <li>Long hair to be tied up at all times</li> </ul>	Minimise	
Makiwara		Close supervision at all times	Minimise	Notify any incidents     to club committee

m cca 160 cm Makiwara	<ul> <li>In the small court the Makiwara should be positioned such that all those shooting Makiwara and Mato are in a line</li> <li>Make sure no one is beside or close to the Makiwara, everyone should be behind the shooter, behind the arrow</li> <li>Stand about 2m away from Makiwara</li> <li>Use the Makiwara Ya only</li> <li>Adjust the height of the Makiowara, lips of the shooter should be at the centre of the Makiwara</li> <li>Use left hand to hold the Makiwara while pulling the Ya out from the part where it is touching the Makiwara</li> <li>Do not leave it outside in case it gets wet and keep the humidity of the storage low</li> </ul>		members
Gomuyumi	<ul> <li>Check no one is around and keep a 1.5m distance</li> <li>Ensure the elastic does not have any rips or damage</li> </ul>	Minimise	<ul> <li>Notify any incidents to to club committee members</li> </ul>
Matomae	<ul> <li>Close supervision at all times</li> <li>Do not start Uchiokoshi if anyone is in Yatori</li> <li>Never walk around the shooter</li> <li>Always Follow the instruction</li> <li>Keep 1.5m distance</li> <li>Correct position of the Yatsugae - Especially avoid placing the Ya too low on the Nakajikake</li> <li>Plan for and enforce a minimum ratio of supervisors to shooters per practice</li> </ul>	Minimise	<ul> <li>First Aid administered by supervisor</li> <li>YMCA medical emergency procedure followed if injury is moderate or serious</li> </ul>
Yatori	<ul> <li>Call in and give a notice before entering into shajo</li> <li>Always check no one is starting Uchiokoshi</li> <li>Give a sign to restart</li> </ul>	Minimise	<ul> <li>First Aid administered by supervisor</li> <li>YMCA medical emergency procedure followed if injury is moderate or serious</li> </ul>

Please refer to <u>https://www.kyudo.jp/howto/terminology.html</u> for any unknown terminology.